

## We ride for hungry families and children

- ☀️ Our **St. Leo Food Bank** is one of the largest food banks in the state. Our **Mobile Food Bank** to Lakewood's Springbrook neighborhood serves 150- 175 households every Saturday. 40% of our food bank clients are children.
- ☀️ Our **Backpack Program** provides two days worth of food every Friday to more than 400 students at 14 Tacoma public schools who are at-risk of hunger over the weekend
- ☀️ Our **Summer Meals** program serves lunch to children on week days throughout the summer in Tacoma, Lakewood and Burlington.
- ☀️ Our **Sutherland Orchard** grows apples and berries for our food bank clients, and **Leo's Garden** provides vegetable starts and shows clients how they can grow some of their own food.
- ☀️ We help staff the **Pierce County Gleaning Project** which collects surplus produce from commercial growers and wholesalers, as well as Pierce County residents.



June 2, 2012  
7th ANNUAL



**HUNGER IS REAL  
DON'T TAKE  
A STAND -  
TAKE A RIDE!!!  
10, 20, 32,  
46, 56 or 75 miles**

## How You Make a Difference The Four R's

### 1. REGISTER

Fill out your registration form and send it to Wheels to Meals, c/o The Food Connection 710 South 13th Street Tacoma 98405.

### 2. RAISE MONEY

After you register we'll send you a pledge packet, and even help you create an on-line fundraising page. Set your goal – a minimum of \$100 per rider. There are additional incentive prizes for all riders raising more than \$250. *Tax deductible checks can be made out to: Food Connection – Wheels to Meals.*

### 3. RIDE

Day of race registration will begin at 7:00 and the course will open at 7:30. All riders must be on the course by 10:00. All rides begin and end at WSU's Puyallup Extension Campus (7612 Pioneer Way E).



### 4. RELAX AT THE FINISH

Music, food and fun await you at the Finish Line Festival as we celebrate your **“fighting hunger from the seat of your bike.”**

## Fight hunger from the seat of your bike

**Wheels to Meals** is the signature fundraising event for the St. Leo Food Connection, which has been fighting hunger in Pierce County since 1982. We operate the **St. Leo Food Bank**, **Springbrook Mobile Food Bank**, **Summer Meals** sites a **Backpack Program**, **the Sutherland Orchard**, **Leo's Garden** and **the Pierce County Gleaning Program**.

**Wheels to Meals** includes 10, 20, 32, 46, 56 and 75 mile rides through the scenic Puyallup Valley and surrounding area. There will be a bike mechanic at the start area, and all courses include rest stops and SAG wagons and motorcycles to help you have a great ride!



### Ride Leaders Available

*Teams are a great way to have fun with friends and/or co-workers. And since all the rides start and end at WSU's Puyallup Campus members can ride different courses and meet up along the way or at the Finish Line Festival. We'll take a team picture at the beginning or end of the ride (your choice) to help you commemorate the day you **“fought hunger from the seats of your bikes!”***

## Registration Form

RIDE DATE - JUNE 2, 2012

Name \_\_\_\_\_

Address \_\_\_\_\_

City State Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

Team Name \_\_\_\_\_

\_\_\_\_ **Send me information on Ride Leaders!**

\_\_\_\_ 10 mile \_\_\_\_ 20 mile \_\_\_\_ 32 mile  
\_\_\_\_ 46 mile \_\_\_\_ 56 mile \_\_\_\_ 75 mile

T-shirt size: Child: S M L  
Adult: S M L XL XXL

Early registrations \$20.00 \$\_\_\_\_\_  
(\$25.00 after May 15, 2012)

**Shirts may not be available for late registrations**

Credit Card \_\_\_\_\_

Expiration Date \_\_\_\_\_

